

Get Organized for a Fresh Start in the New Year

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In Its Place



Happy New Year! It's a time of renewal, clean slates, and, of course, resolutions. One of the most common of these is to get organized. But before you hurry out to buy stacks of plastic storage containers, take a moment to reflect on what you really want this year.

What's important to you? How do you want to spend your time? How do you want to use your space? How do you want to feel in it? Your answers to these questions provide a framework that gives you direction as you begin to organize and reinforcement during times when you are backsliding or feel like giving up.

It's also important to determine what's working in your space and what isn't. Do you have too many things? Do you have inadequate storage? Is your space full of stuff you're not using? Does everything have a "home"? Take a look around and decide what issues are contributing to the disorganization.

Now you can roll up your sleeves and start going through your "stuff." Organizing isn't an event, it's a process. It involves sorting, purging, and making decisions about what items support your goals. By making your space and the things in it work for you, you're well on your way to keeping that New Year's Resolution!